

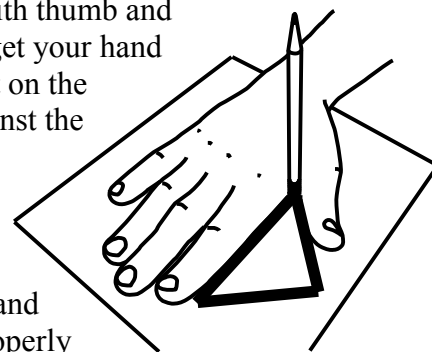
How To Use HAND SIZER

The HAND SIZER template allows you to take measurements of your hand that will be used to make your custom-fit gloves. Only a few measurements are needed:

- Finger tips – points A through D
- Finger crotches – points E through G
- Low point of palm – point H
- Width of palm – point W
- Thumb tip – point T
- Circumference of palm (see below)

When taking measurements from only one hand, measure the dominant hand.

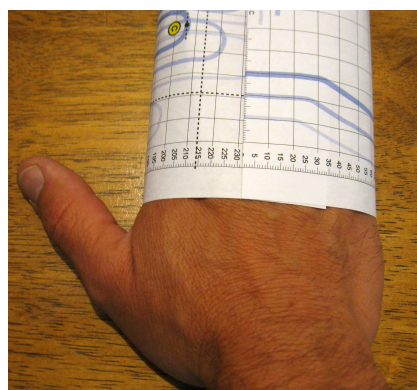
STEP 1. Begin by placing your hand on the HAND SIZER template with thumb and forefinger aligned with the gray triangle. It may help to use a pencil to get your hand into the correct position. Hold the pencil or pen vertically with the point on the black dot. Slide your hand until the thumb crotch rests comfortably against the pencil shaft and thumb and fingers are aligned.



STEP 2. Keeping fingers loosely together, trace the outline of your hand, using care to keep the pencil or pen vertical and be accurate at the locations of the measurement points. Point W is the widest part of the hand below the knuckles. Be sure to trace around the base of the thumb to properly capture the low point of the palm (point H).

STEP 3. Measure the palm circumference (girth) below the knuckles in millimeters, using a flexible tape measure or the long edge of the HAND SIZER template (scale A) as shown.

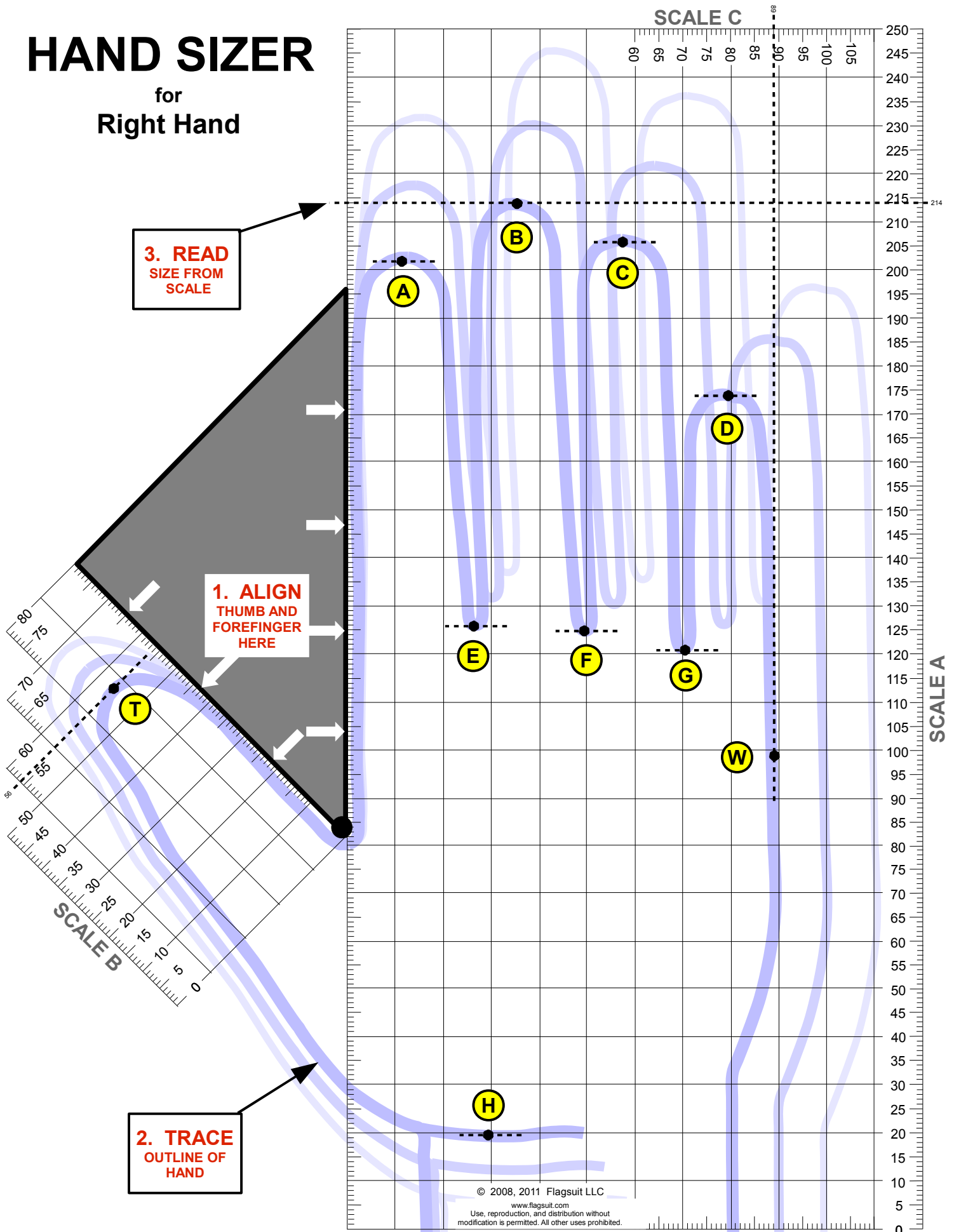
STEP 4. Find and record the corresponding numbers for each point using the appropriate scale: Points A through H from Scale A; Point T from Scale B; Point W from Scale C.



POINT	A	B	C	D	E	F	G	H	T	W	PALM GIRTH
RIGHT HAND											
LEFT HAND											
NAME								DATE			

HAND SIZER

for
Right Hand



**3. READ
SIZE FROM
SCALE**

**1. ALIGN
THUMB AND
FOREFINGER
HERE**

**2. TRACE
OUTLINE OF
HAND**

POINT	A	B	C	D	E	F	G	H	T	W	PALM GIRTH
SIZE											

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